

NutriDyn®

Liquid Multi

Support for Optimal
Health and Energy*

Liquid Multi Supplementation

A well-balanced diet can help meet daily nutritional needs, but getting all the necessary vitamins and minerals from food intake alone can still be difficult.*¹ NutriDyn Liquid Multi can help bridge that nutritional gap.* It's suitable for the entire family, from children to older adults, with a natural pineapple and coconut flavor in an easy-to-swallow liquid form.

Liquid Multi provides comprehensive immune support for the entire family with research-backed ingredients that promote optimal health and energy.* It delivers critical nutrients to bridge the nutritional gap between your diet and health needs.*

Supplementation with Liquid Multi may also include these additional benefits:

- Support for immune health*
- Support for nerve health*
- Support for digestive health*
- Support for heart health*
- Promotes healthy energy metabolism*
- Promotes cellular health*



How Liquid Multi Works

There are many multivitamins on the market, but they are not all created equally. Our Liquid Multi contains pharmaceutical-grade bioavailable vitamins and minerals packaged in an amber bottle to protect the integrity of the nutrients from light exposure.* Liquid Multi takes an ordinary multivitamin to the next level with its proprietary digestive health blend, phytonutrient blend, and vitamin B12 as adenosylcobalamin to support immune health.*

Digestive Health Blend

A robust immune system begins with efficient digestion.* Liquid Multi contains bromelain and papain, plant-based proteolytic enzymes that promote healthy digestion and the optimal absorption of nutrients needed for energy and vitality.*² The prebiotics in xylooligosaccharides and isomalto-oligosaccharides help feed the beneficial microbes in the gut so they may grow and proliferate while supporting healthy cellular processes.*^{3,4}

For more information, visit: www.nutridyn.com

How Liquid Multi Works Continued

Phytonutrient Blend

The proprietary phytonutrient blend in Liquid Multi plays specific biological and pharmacological roles in supporting immune function.*⁵ The nutrients contain numerous bioavailable compounds with antioxidant properties that promote healthy inflammatory markers throughout the body.*⁶

Adenosylcobalamin

Liquid Multi contains vitamin B12 as adenosylcobalamin, one of three naturally occurring forms of vitamin B12 that supports energy production and cellular health.*⁷ This bioavailable form of vitamin B12 helps provide the body with a continual supply of energy critical for maintaining cellular health, supporting energy metabolism, and promoting healthy DNA.*^{7,8,9}

Supplement Facts

Serving Size: About 1 Tablespoon (15 mL)

Servings Per Container: About 31

Ingredients:	Amount	%DV*
Vitamin A (as beta carotene)	750 mcg RAE	83%
Vitamin C (as sodium ascorbate and ascorbic acid)	120 mg	133%
Vitamin D3 (as cholecalciferol from lichen)	20 mcg	100%
Vitamin E (as d-alpha tocopheryl acetate)	15 mg	100%
Thiamine (as thiamine HCl)	2 mg	167%
Riboflavin (as riboflavin-5'-phosphate)	2 mg	154%
Niacin (as niacinamide)	10 mg NE	63%
Vitamin B6 (as pyridoxal-5'-phosphate)	2 mg	118%
Folate (as l-methylfolate)	476 mcg DFE	119%
Vitamin B12 (as adenosylcobalamin)	10 mcg	417%
Biotin	65 mcg	217%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%
Choline (as phosphatidylcholine)	50 mg	9%
Calcium (as calcium citrate-malate from marine calcium)	25 mg	<2%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium bisglycinate)	25 mg	6%
Zinc (as zinc citrate)	5 mg	45%
Selenium (as selenium amino acid chelate)	10 mcg	18%

Ingredients:

	Amount	%DV*
Manganese (as manganese amino acid chelate)	1 mg	43%
Chromium (as chromium picolinate)	10 mcg	29%
Molybdenum (as molybdenum amino acid chelate)	20 mcg	44%
Potassium (as potassium citrate)	50 mg	<2%
Inositol	15 mg	**
Digestive Health Blend	1,025 mg	**
Xylooligosaccharides, isomalto-oligosaccharides, bromelain, papain.		
Phytonutrient Blend	250 mg	**
Raspberry powder (fruit; <i>Rubus idaeus</i>), watercress powder (leaf; <i>Nasturtium officinale</i>), green tea extract (leaf; <i>Camellia sinensis</i>), blueberry juice powder (fruit; <i>Vaccinium spp.</i>), green coffee bean extract (bean; <i>Coffea arabica</i>), pomegranate powder (fruit; <i>Punica granatum</i>).		

Other Ingredients: Purified water, vegetable glycerin, natural piña colada flavors, organic cane alcohol, stevia leaf extract, non-GMO sunflower lecithin.

Directions: Shake well. Take 1 tablespoon (15 mL) daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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